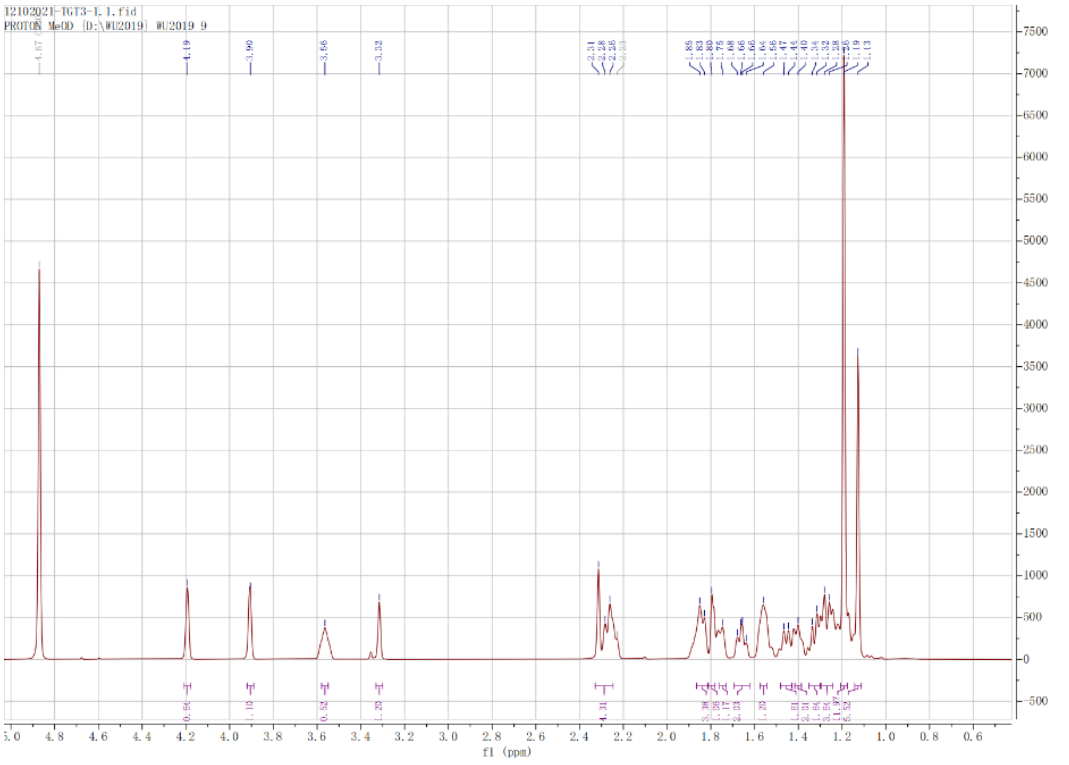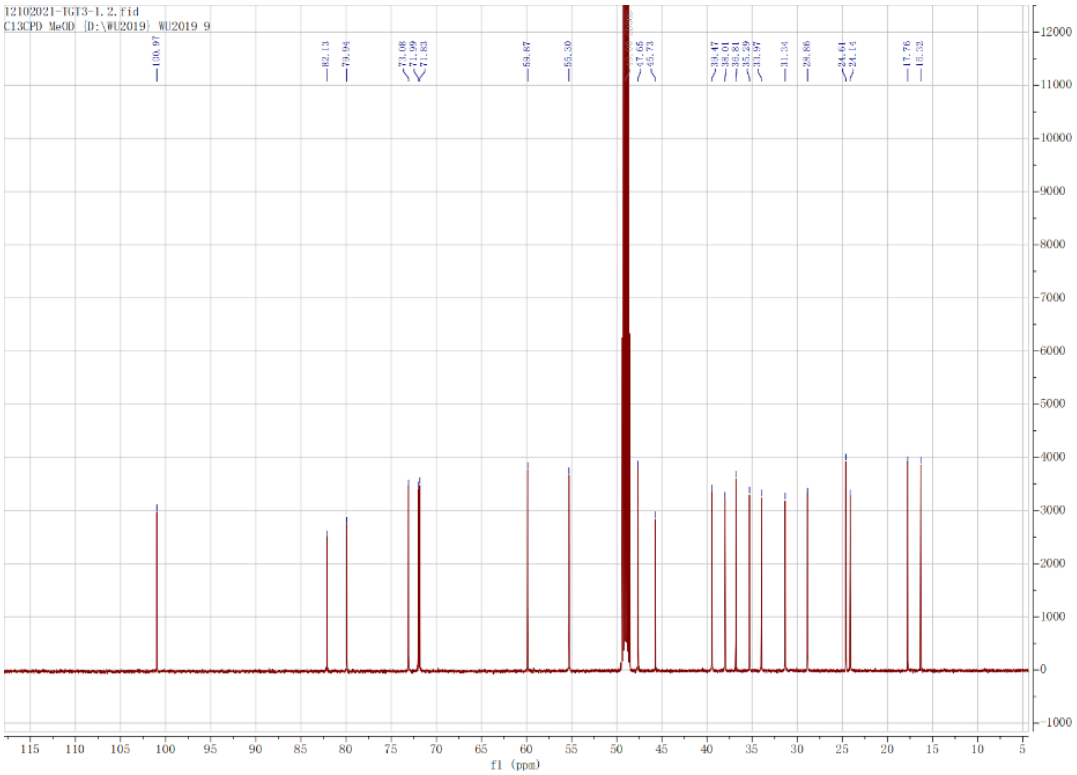NMR of Tenacigenin A